



Easy Read Rights

WHAT DO YOU KNOW ABOUT YOUR RIGHTS?



121 Supports Hunter wrote this information.

When you see the words 'we' or 'us', it means 121 Supports Hunter



We have written this document in an easy to read way.

We use pictures to explain some ideas.



This Easy Read document is a summary of another documents.



You can ask for help to read this document.

A friend, family member or support person may be able to help you.

Why we have this policy



This Document is about Your **Rights**.



Our laws need to respect the rights of people with disability.

You should be included in community life.

You have the same rights as everyone.

What are your rights?

You Should Be Able To:



- receive good services



- make your own choices and have control over your life and the supports that you use



- be safe – no one is allowed to hurt you



- try new things and take risks sometimes



- seek support from other people –such as your family, friends, or an advocate – if you want to



- work with other services if that's what is needed to reach your goals



- make complaints

Our Service Should:



- respect your privacy



- let you speak up



- respect everything about you when you are making choices and decisions, including:
 - your age
 - whether you are a man or woman
 - your cultural background, religion or faith
 - your sexuality
 - whether or not you are married.

Contact us



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Not Happy

You Can Tell:

NDIS Quality and Safeguards Commission

Email: contactcentre@ndiscommission.gov.au

Phone: 1800 035 544 (free call from landlines)

or TTY 133 677



**Australian
Human Rights
Commission**

If you are discriminated against or bullied because of your disability you
can complain to the

[Australian Human Rights Commission.](#)

Phone: 1300 369 711